

Woman's World

Feb. 1, 2010
God Bless America

More for your money!
\$1.79

A great week made easy!

LOWER YOUR BILLS!
Stay warm for 30% less!

STRESS-BUSTING TEA! Reduces stress as effectively as Valium!

NEW UNIVERSITY RESEARCH

SECRETS OF PERMANENT WEIGHT LOSS!

Lose 6 lbs a week—and keep it off forever!

The easy breakfast that **BEATS TIREDNESS!**

HAPPINESS BOOSTERS!

Mood-enhancing beauty recipes to make your skin and hair gorgeous!



GET PAID to surf the Net!
24 websites that can make you hundreds—even thousands—richer!

Doctors' own HOME CURES!

- ✓ BEAT DEPRESSION —with a vitamin!
- ✓ END FATIGUE—with spice!
- ✓ STOP THE SNIFFLES —with mushrooms!

SUPER BOWL FUN!



- ✓ Party food!
- ✓ Easy gourmet popcorn!
- ✓ Best-ever dips!

Plus
YUMMY BROWNIES!
Make any day better with YUMMY BROWNIES!

Jeans that'll make you

tired of jeans that feel stiff and tight? To the rescue: Stylish jeans as comfy as your favorite p.j.'s! Thanks to smart details like hidden expandable waists and ultra-soft denim knits, these denims feel as good as they look!

Enjoy maximum flexibility with **4% stretch!** These jeans have twice the stretch of average pairs, so you can bend, jump and even run!



\$49, FDU French Dressing (FDU, see for stretch, style name "Close-Knit")

Feel carefree and casual in **lightweight fabrics!** Sewn from ultra-airy fabrics, these flowy styles feel almost as if you're wearing nothing at all!



\$49, Elizabeth Stone (Elizabeth StoneNY.com, for stretch, style #EGU003)

\$79, 407 (Midlength cross, style name "super flow" in Felicity)

Try the latest trend with **"jeggings"!** Hollywood starlets are crazy for these leggings styled to look like faded blue jeans!



\$39, Rock On! (Resolve Clothing.com, style name "jogging" in Thunder)

\$49, DMV Jeans Macy's (style name "jevin jegging")

More fun, and just as versatile as your basic black leggings!

you say "Ahhh...!"

Feel like you're wearing sweatpants in knit jeans!

You have to touch these knitwear jeans to believe how soft they are!

Fire-pocket styling!

998. Aerie® Knitwear Jeans (Aerie.com) style # 411021102

There's no zipper—these plus-size pull-on knit jeans have a faux fly!

948. Forever 21® Knitwear Jeans (Forever21.com) style # 211021102

Have room to breathe with elastic waists!

Discreet details provide more give in the waistband—perfect after a big meal!

921. Hanes® by Lee® Knitwear Jeans (Lee.com) style # 411021102

Hidden elastic inserts expand the waistband up to 2"!

948. Forever 21® Knitwear Jeans (Forever21.com) style # 211021102

Smart ideas to Make you look great!



1 Choose run-proof hosiery!

Avoid buying 100% nylon pantyhose, which are the likeliest to run or tear. Instead, pick a blend of Lycra or elastane—both strengthen nylon fibers.

2 Keep hands toasty with these warmers!

If you love outdoor activities, have a long commute or simply have chilly hands, try rechargeable hand warmers. They last hours longer than single-use packets and are friendlier to the environment! (\$34.99 at US.Sanyo.com/Sanyo-Store)

3 Pick the most versatile jewelry piece!

If you want to buy just one piece of jewelry this season, make it a pair of interchangeable earrings. Juicy Couture, Avon and Macy's all carry new styles that combine studs with dangly attachments so you get two (or even three) looks in one!

4 Prevent buttons from falling off!

If you launder sweaters or blouses with oversized buttons, dab a tiny bit of clear nail polish on the threads of the buttons to keep them from falling off in the wash.

5 Find great plus-size style!

Two new fashion lines cater to sizes 16-28: Just My Size by Hanes debuted in November with separates under \$22, and Forever 21's Faith 21 extends their trendy looks to a broader size range.